

East Kent Intermediate Care Review

A review of Intermediate care was requested by East Kent Urgent Care Board. The objective is to provide service detail that supports the clear identification of a local model of intermediate care for the East Kent population. This report is due to be presented at East Kent Urgent Care Board Operational Delivery Board 18/12/12.

The report will:

1. document current provision of intermediate care including the re-ablement element of services
2. identify current, informal pathways for professionals referring users into the service;
3. provide definitions of the frequently used terminology
4. identify current activity and any gaps in the current service
5. Provide local population projections for aged 65+

Intermediate Care covers a range of services. This has involved the expansion and development of community health and social services including reablement /short term care service to promote independence.

The aims continue to be firstly, to provide a genuine alternative to hospital admission for some carefully selected patients and, secondly, to provide early supported discharges for others. Both aims require the provision of opportunities for further assessment and rehabilitation of older people. It is also expected that the increased availability of Intermediate Care will prevent frail older people transferring to long-term care directly from an acute service.

A bed profile specific to Dover district has been completed to look at where people from Dover requiring intermediate care beds are placed to inform future commissioning of intermediate care beds for this district.

The review is an integrated piece of work. The report is the first step in agreeing a strategy for what Intermediate Care is and will deliver for the population of East Kent ensuring it is tailored to local needs.